Find Yourself in CEP 101!

Have you found yourself at a career crossroads and you’re not sure which way to go? Enroll in CEP 101: Career Development to get on the right track with your career planning!

Many students find it challenging to choose a major because they are interested in too many things, have external pressures that make it hard to choose, or they aren’t sure what options are available to them. Others know what major interests them, but they aren’t sure what career opportunities will be available to them.

CEP 101 is a 2-credit hour, 10-week course that explores these and other topics.

What sets this course apart from others is that this is a course that focuses on you—your interests, work values, skills, and personality. You will gain greater insight into yourself, the world of work, and how you fit into it.

You will also learn about decision-making strategies, how the workplace is changing, and how to market your skills successfully.

If you aren’t sure about your career path, or if you just need to solidify your decision, CEP 101 is the class for you!

Did you know our trained career advisors provide individualized career advising sessions? They can help you explore your interests, work values, skills, and personality preferences, as well as give you valuable tips and resources for exploring available career options.

FOCUS 2 is an online assessment tool available to students. This comprehensive resource helps students better understand themselves and explore career and major options.

To learn more, visit http://cdc.nku.edu/students and click on the FOCUS 2 link. After taking FOCUS 2, make an appointment with a career advisor to review your results.

You can do a lot with your major, so once you have made your choice, let us help you with selecting the right career path and give you ideas to help with your college to career transition.

Call or come in to make an appointment!
We still have great fall workshops ahead!

Nonprofit Careers: Tues., Oct. 30, 4:45-5:45 pm, SU 109
Co-op Search Strategies: Wed., Nov. 7, 5-6 pm, SU 109
Resumes & Cover Letters: Thurs., Nov. 8, 4:45-5:45 pm, SU 105
Interviewing Techniques: Tues., Nov. 13, 4:45-5:45 pm, SU 109

No registration required; come as you are!

Get involved; get skills!

Is your life filled with school and not much else? Do you worry that you don’t have enough experience to make a stand-out resume? You’re not alone! Many students wonder how to gain valuable skills and experience during their college years.

While paid experiences like part-time jobs and co-ops are excellent ways to develop your skills, they are not the only ways. Valuable experience can be gained through unpaid opportunities as well.

College is the perfect time to become involved in campus and community activities, groups, organizations, and volunteering. With so many activities to choose from, there is sure to be something that speaks to you! Check out OrgSync, http://nku.orgsync.com, to find on-campus opportunities.

Off-campus, look for non-profit organizations and civic groups in your community that offer you a chance to gain marketable skills, such as leadership, team building, event planning, fundraising, and project coordination. Not only will you be giving back to your community, you will also be building your skills and beefing up your resume!

Visit the local United Way site for ideas:

All our dreams can come true, if we have the courage to pursue them.
—Walt Disney

Career Development
University Center 305
859-572-5680
cdc@nku.edu

Hours: Mon-Wed, Fri, 8:15 am-4:30 pm
Thurs, 8:15 am-6 pm
Walk-in hours for brief consultation:
Mon-Wed, 2:30-4 pm
Thurs, 4-5:45 pm

http://cdc.nku.edu